

Checklist Before Surgery



As soon as you are scheduled to have a day surgery procedure:

- Fill in any required paperwork, including the Forest Road Day Surgery admission form, and return as instructed
- Confirm that your private health insurer will cover your procedure and if there is any co-payment/excess that you need to pay
- If you have any questions, check with your surgeon or contact us prior to your procedure
- Decide how you will get to and from the day surgery (see location details below) – make sure you have a responsible adult to accompany you home
- If you have young children, arrange for someone else to look after them for at least 24 hours after your surgery as you may still be slightly drowsy
- Make sure you understand any fasting instructions you have been given, particularly if you have diabetes – if you are unsure, please check
- Do not smoke, take recreational drugs or drink alcohol for at least 24 hours before your surgery.

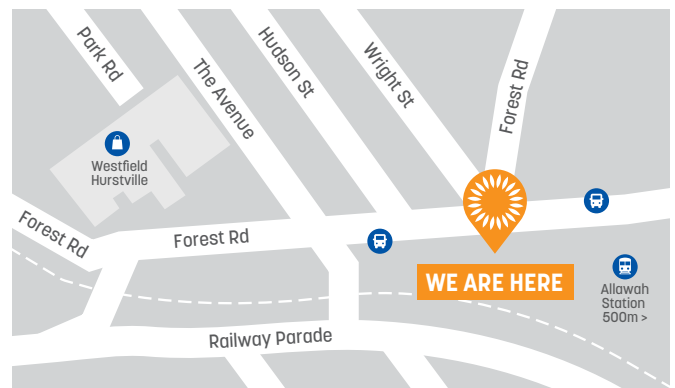
If you are unable to attend your scheduled procedure (e.g. you are ill), please notify us immediately on (02) 9330 6988.

Getting here

Parking: Over 200 secure, paid parking spaces are available in the East Quarter building complex. Street parking is also available on Forest Road and Durham Street (please check the parking signs – a 2-hour limit generally applies)

By bus: Route 452 Beverly Hills to Rockdale and Route 453 Percival Street to Rockdale depart the city approximately every 20 minutes and stop at the corner of Forest Road and Hudson St (approx. 1-min walk to our location).

By train: T4 (Eastern Suburbs & Illawarra) line to Hurstville Railway Station (approx. 10-min walk to our location) or to Allawah Railway Station (approx. 7-min walk to our location)



**Ground level, 99A Forest Road, Hurstville
NSW 2220**

Hours 8.00 am to 5.30 pm

Phone (02) 9330 6988 **Fax** (02) 9580 8624

Email enquiries@forestroadds.com.au