



Checklist

Day of Surgery

Before you arrive:

- Make sure you follow any fasting instructions you have been given previously
- Take your usual medications as normal (with a small sip of water), unless advised otherwise by your doctor
- Bring all medications in their original containers with you
- If you wear glasses, bring a case to put them in
- Remove any nail polish
- Remove all jewellery (you may wear your wedding band if it is difficult to remove)
- Before you arrive, please shower or bathe and wash your hair
If your procedure involves any part of your face or eye, wash your face thoroughly with your usual face soap – Do NOT wear any face moisturiser, cream or make-up
- Wear loose, comfortable clothing and flat shoes – you may be required to change into a hospital gown (you do not need to bring pyjamas or a dressing gown)
- Bring the original copy of your completed paperwork (if you did not return it by post)
- Bring your Medicare card
- Bring your health fund membership card
- Bring your payment (if applicable)
- Bring some reading material if you wish (TVs and complimentary WiFi are available in waiting areas)
- Make sure that you have a responsible adult/carer who can accompany you home after your procedure and you can provide us with their contact details
- Give your carer a copy of the contact details for Forest Road Day Surgery, including instructions on how to find us and where to park (see over page)

When you arrive:

- Let us know if you have any mobility issues and require assistance
- Let us know if you have any existing skin wounds, cuts or abrasions

If you are unable to attend your scheduled procedure (e.g. you are ill), please notify us immediately on (02) 9330 6988.

Do not bring any valuable items with you – Forest Road Day Surgery does not accept responsibility for any lost or damaged items.

Checklist Day of Surgery

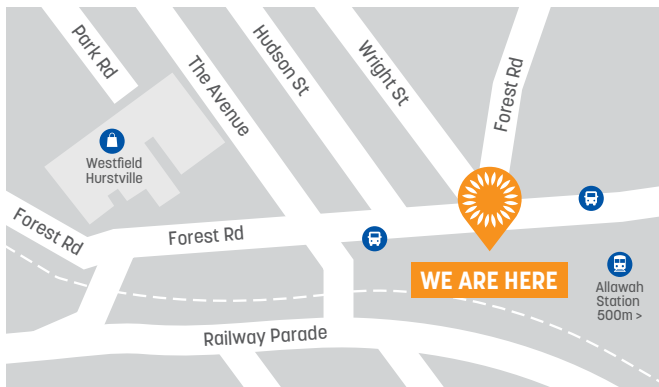


Getting here

Parking: Over 200 secure, paid parking spaces are available in the East Quarter building complex. Street parking is also available on Forest Road and Durham Street (please check the parking signs – a 2-hour limit generally applies)

By bus: Route 452 Beverly Hills to Rockdale and Route 453 Percival Street to Rockdale depart the city approximately every 20 minutes and stop at the corner of Forest Road and Hudson St (approx. 1-min walk to our location).

By train: T4 (Eastern Suburbs & Illawarra) line to Hurstville Railway Station (approx. 10-min walk to our location) or to Allawah Railway Station (approx. 7-min walk to our location)



**Ground level, 99A Forest Road, Hurstville
NSW 2220**

Hours 8.00 am to 5.30 pm

Phone (02) 9330 6988

Fax (02) 9580 8624

Email enquiries@forestroads.com.au