

Checklist Before surgery



As soon as you are scheduled to have a day surgery procedure:

- Please provide a list of all medications you are currently taking
- Please provide the contact details of a responsible adult/carer who can accompany you home
- Let the day surgery staff know if you have any mobility issues and require assistance – immobilised patients need to organise ambulance transfer prior to surgery
- Remove nail polish, false eyelashes and contact lenses
- Fill in any required paperwork, including the admission form provided by your day surgery, and return as instructed
- Confirm that your private health insurer will cover your procedure and if there is any co-payment/excess that you need to pay
- If you have any questions, check with your surgeon or contact your day surgery prior to your procedure
- You cannot drive home after surgery – make sure that you have a responsible adult/carer who can help you get to and from the day surgery and accompany you for at least 24 hours after your surgery
- If you have dependents in your care, you will need to arrange for someone else to look after them for at least 24 hours after your surgery as you may still be slightly drowsy
- If you are required to fast, please ensure you understand any instructions you have been given, particularly if you have diabetes – if you are unsure, please check
- Do not smoke, take recreational drugs or drink alcohol for at least 24 hours before your surgery.

If you are unable to attend your scheduled procedure (e.g. you are ill), please notify your day surgery immediately.

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Contact us

NEW SOUTH WALES

Forest Road Day Surgery

Ground Level, 99A Forest Road,
Hurstville NSW 2220
T: (02) 9330 6988

Chatswood Day Surgery

270 Victoria Ave,
Chatswood NSW 2067
T: (02) 9424 9999

QUEENSLAND

North Queensland Day Surgery

119 Kings Road,
Pimlico QLD 4812
T: (07) 4725 2677

RiverCity Private Hospital

Level 2, 401 Milton Road
Auchenflower QLD 4066
T: (07) 3736 3010

Vision Centre Day Surgery

Ground floor, 95 Nerang Street,
Southport QLD 4215
T: (07) 5528 4020

SOUTH AUSTRALIA

Windsor Gardens Day Surgery

Level 1, Suite 1, 480 North East Road,
Windsor Gardens SA 5087
T: (08) 7078 5978

VICTORIA

Camberwell Day Surgery

27 Denmark Hill Road,
Hawthorn East VIC 3123
T: (03) 9882 1347

Footscray Day Surgery

89 Paisley Street,
Footscray VIC 3011
T: (03) 9689 9233 [opt 2]

Panch Day Surgery Centre

Corporate One Business Centre,
Level 4, 84 Hotham Street,
Preston VIC 3072
T: (03) 8560 0677

Whitehorse Day Surgery

852 Whitehorse Road
Box Hill VIC 3128
T: (03) 9899 9611

CORPORATE OFFICE

Vision Hospital Group

Level 5, 390 St Kilda Road,
Melbourne VIC 3004
T: (03) 8844 4000